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Psychosocial Factors Associated with Weight Loss: An Ancillary Study to LABS-2 Dyadic Adjustment Scale (DAS) – Version: 06/30/2006 FORMV

Form Completion Date ____ / ___ / 20___ **DASDATE** mm dd yy

Instructions: Most people have disagreements in their relationships. Please indicate below the approximate extent of agreement or disagreement between you and your partner for each item on the following list by placing a check in the box under the appropriate column.

	Always Agree (1)	Almost always Agree (2)	Occasion- ally disagree (3)	Frequently disagree (4)	Almost always disagree (5)	Always disagree (6)
1. Handling family finances DASFIN						
2. Matters of recreation DASREC						
3. Religious matters DASREL						
4. Demonstrations of affection DASAFFEC						
5. Friends DASFRIEN						
6. Sex relations DASSEX						
7. Conventionality (correct or proper behavior) DASCON						
8. Philosophy of life DASPHIL						
9. Ways of dealing with parents or in-laws DASINLAW						
10. Aims, goals, and things believed important DASAIM						
11. Amount of time spent together DASTIME						
12. Making major decisions DASMAJ						
13. Household tasks DASTASK						
14. Leisure time, interests, and activities DASACT						
15. Career decisions DASCAR						

Patient ID _____ - ___ - ____ - ____

	All of the time (1)	Most of the time (2)	More often than not (3)	Occasion- ally (4)	Rarely (5)	Never (6)
16. How often do you discuss or have you considered divorce, separation, or terminating your relationship? DASDIV						
17. How often do you or your mate leave the house after a fight?DASFIGHT						
18. In general, how often do you think that things between you and your partner are going well? DASWELL						
19. Do you confide in your mate? DASCONF						
20. Do you ever regret that you married? (or lived together?) DASMARR						
21. How often do you and your partner quarrel? DASQUARR						
22. How often do you and your mate "get on each other's nerves?" DASNERVE						

	Every Day	Almost Every Day	Occasionally	Rarely	Never
	(1)	(2)	(3)	(4)	(5)
23. Do you kiss your mate? DASKISS					

	All of	Most of	Some of	Very few of	None of
	them	them	them	them	them
	(1)	(2)	(3)	(4)	(5)
24. Do you and your mate engage in outside interests together? DASOUT					

How often would you say the following events occur between you and your mate?

	Never	Less than once a month	Once or twice a month	Once or twice a week	Once a day	More often
	(1)	(2)	(3)	(4)	(5)	(6)
25. Have a stimulating exchange of ideas DASSTIM						
26. Laugh together DASLAUGH						

		Pati	ent ID	
27. Calmly discuss something DASCALM				
28. Work on a project together DASWORK				

These are some things about which couples sometimes agree and sometimes disagree. Indicate if either item below caused differences of opinions or were problems in your relationship during the past few weeks. Check No or Yes

29.	Being too tired for sex	🗌 0. No	1. Yes DASTIRED
30.	Not showing love	🗌 0. No	□ 1. Yes DASLOVE

31. The dots on the line below represent different degrees of happiness in your relationship. The middle point, "happy," represents the degree of happiness of most relationships. Please circle the dot that best describes the degree of happiness, all things considered, of your relationship. **DASDEGRE**

•	•	•	•	•	•	•
Extremely <u>Un</u> happy	Fairly <u>Un</u> happy	A little <u>Un</u> happy	Нарру	Very Happy	Extremely Happy	Perfect

- 32. Which of the following statements best describes how you feel about the future of your relationship? *(check one)* **FUTREL**
 - I want desperately for my relationship to succeed, and <u>would go to almost any length</u> to see that it does.
 - 2. I want very much for my relationship to succeed, and <u>will do all I can</u> to see that it does.
 - 3. I want very much for my relationship to succeed, and will do my fair share to see that it does.
 - It would be nice if my relationship succeeded, but <u>I can't do much more than I am doing now</u> to keep the relationship going.
 - 5. It would be nice if it succeeded, but <u>I refuse to do any more than I am doing now</u> to keep the relationship going.
 - G. My relationship can never succeed, and <u>there is no more that I can do</u> to keep the relationship going.

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